

# HELLO!

## I'M LISA



## Early Childhood Mental Health Consultant



Illinois Action for Children provides **free consultation** to all center and home-based child care programs in South and West Cook County.

### Please contact me for support with:

- Children exhibiting challenging behaviors
- Teachers who need training on children's social-emotional development
- Helping parents nurture their children's social-emotional development

### MEET THE CONSULTANT IN YOUR AREA:

Lisa Lightning provides strength- and relationship-based services that support caregivers in responding to the social, emotional, and behavioral needs of young children. Through consultation services, providers are better equipped to create supportive environments that foster healthy social and emotional development. Lisa looks forward to supporting you, your staff, and the children in your care.

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